

A Signpost to Information and Support

This resource has been created by the Committee for Social Responsibility in the Diocese of Chester and is intended to help clergy, lay ministers, pastoral teams and parishioners who may need help when experiencing a range of difficulties. This is a general list and is not endorsed by St Peter's Hale and other help may be available. If you have any feedback, suggestions or recommendations please contact St Peter's Parish Office T: 0161 928 3374 E: office@stpetershale.org.uk

Websites and contact details for national agencies which provide information and support can be found at www.supportline.org.uk

Families and Individuals experiencing difficulties in the following areas:	National Organisations offering help/ support	Local organisations offering help/support	Resources available from Diocese of Chester
Asylum Seekers and Refugees	<p>The Refugee Council http://www.refugeecouncil.org.uk/how_can_we_help_you</p> <p>Boaz Trust is a Christian organisation serving destitute asylum seekers in Greater Manchester. http://boaztrust.org.uk/</p>	<p>Liverpool Cathedral has created a directory to equip churches looking to support asylum seekers in the city. http://www.liverpoolasyluminfo.org.uk/?utm_source=Diocese+of+Liverpool&utm_campaign=985e1773eb-The+Bulletin+issue+1167+13+2011&utm_medium=email</p>	
Domestic Abuse	<p>National Domestic Violence Freephone Helpline Tel: 0808 2000247</p>		<p>Ending the Silence – Diocese of Chester Resource including local contacts for each area http://www.chester.anglican.org/page_csr.asp?Page=689</p>
Farming Families	<p>Farming Community Network www.fcn.org.uk Telephone helpline 0845 367 9990 offering sympathetic support for farmers on a range of issues, including business and personal problems.</p> <p>Royal Agricultural Benevolent Institution (RABI) provides benefit advice and grants to farmers. www.rabi.org.uk</p>	<p>Agricultural Chaplaincy www.agchap.co.uk Keith Ineson Tel: 01270 522576</p>	

<p>Financial Difficulties</p>	<p>Christians Against Poverty www.capuk.org Debt counselling and money advice.</p> <p>Local Welfare Assistance Scheme Crisis and community loans (previously available from Local Authorities) have been abolished. Each local authority has developed its own criteria for providing assistance to people in extreme need. The Children's Society has drawn up a map to help you find out what support is available in your area. http://www.childrenssociety.org.uk/news-views/our-blog/use-our-map-find-your-local-welfare-assistance-scheme</p> <p>www.moneyadvice.service.gov.uk Telephone Helpline: 0300 500 5000 Free and impartial money advice set up by the government.</p> <p>Advice on benefits Turn2us.org.uk has advice on entitlement to state benefits and a directory of grants available to individuals. http://www.turn2us.org.uk/default.aspx</p> <p>Acts 435 http://acts435.org.uk/how Acts 435 is a website charity that allows people to give money directly to others. Working through advocates in local churches, 100% of what is donated via Acts 435 goes directly to meet specific needs. E.g. replacement washing machine. See the website for full details.</p>	<p>Citizens Advice http://www.citizensadvice.org.uk/</p> <p>Lifeline Debt Advice Sandbach www.lifelineadvice.co.uk Telephone: 01270 750358</p> <p>Local Furniture Recycling Scheme: Details of furniture recycling schemes in Cheshire http://www.cfrf.org.uk/</p>	
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Food Poverty	There are many foodbanks now operating across the Diocese. Many are run by Trussell Trust, but there are also foodbanks run by local providers. Map of Trussell Trust Foodbanks here: http://www.trusselltrust.org/map		A full list of foodbanks operating within the Diocese can be found at http://www.chester.anglican.org/page_csr.asp?Page=907
Fuel Poverty	The British Gas Energy Trust www.britishgasenergytrust.org.uk Awards grants to individuals to clear domestic gas and electricity debts.		
Homelessness	Shelter http://england.shelter.org.uk/get_advice Salvation Army offer support and assessment for homeless people nationwide http://www.salvationarmy.org.uk/	Wirral Churches' Ark Project http://www.wirralark.org.uk/ A Homeless charity with a Christian Ethos based in Birkenhead, running a direct access hostel. The Wellspring Stockport a resource centre for homeless and disadvantaged people in Stockport, open 365 days a year. http://www.thewellspring.btck.co.uk/ Barnabus Manchester http://www.barnabus-manchester.org.uk/index.html A Christian Homeless charity based in Manchester, running a drop in centre and offering advice to homeless people.	
Human Trafficking	The Salvation Army can make a referral if you suspect someone may be a victim of human trafficking. Contact them for advice: Human Trafficking helpline: 0300 303 8151 Website http://www.salvationarmy.org.uk/referring-victims	Alternatively contact the Police 101	

<p>Mental Health</p>	<p>Mind Mental Health Charity offering support and advice. www.mind.org.uk Mind Infoline Tel: 0300 123 3393</p> <p>Samaritans www.samaritans.org/ Telephone helpline 08457 90 90 90</p>	<p>Interactive map to find your local branch of Mind: http://www.mind.org.uk/information-support/local-minds/</p> <p>Other Local support groups.</p>	<p>Diocese of Chester <i>1 in 4: Mental Health and your church</i> document resources churches to support those dealing with the issues and challenges surrounding Mental Health. http://www.chester.anglican.org/page_csr.asp?Page=873</p>
<p>Parenting</p>	<p>Family Lives is a national charity offering online and telephone support to families. www.familylives.org.uk Helpline 0808 800 2222</p>	<p>Local Children's Centre:</p> <p>South Cheshire CLASP a charity offering support and activities to ALL who are part of a lone parent family (in Crewe and Nantwich,) regardless of their situation http://southcheshireclasp.org.uk/</p>	
<p>Relationship Breakdown</p>	<p>Relate www.relate.org.uk Telephone: 0300 100 1234</p>		<p>Chester Diocesan Counselling Service offers free counselling to clergy, lay-workers and members of Anglican churches in Chester Diocese (18 years of age +.) Couple as well as individual counselling is available. http://www.chester.anglican.org/page_csr.asp?Page=97 For referrals: Telephone Jane Knight 01270 652034 Or 07918 732806</p>

<p>Substance Abuse/Addiction</p>	<p>Adfam website offering support for families affected by drugs and alcohol www.adfam.org.uk</p> <p>NHS http://www.nhs.uk/Livewell/drugs/Pages/caring-for-a-drug-user.aspx</p> <p>FRANK www.talktofrank.com</p> <p>Alcoholics Anonymous http://www.alcoholics-anonymous.org.uk/ Telephone: 0845 769 7555</p>		
<p>Voting</p>	<p>Equipping Christians for the General Election The website www.engage15.org.uk gives some election information, biblical background and practical ideas that some may find helpful. EngaGE15 is an initiative from Christian Public Policy charity CARE www.care.org.uk and reflects the issues with which it is particularly concerned.</p>	<p>Husting meetings are held in local churches in the run up to each election, details can be found via http://www.messengernewspapers.co.uk/news/whereyoulive/hale_bowdon/ and http://www.trafford.gov.uk/about-your-council/elections/elections.aspx</p>	

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