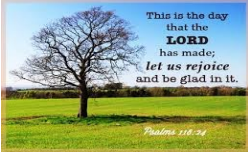
























YOUNG@HEART WEEK 2017 Programme of Events
 'When the Saints go marching in' : Celebrating the United Kingdom

Timings for the day	BANK HOLIDAY MONDAY 28th August	TUESDAY : St Andrew 29th August	WEDNESDAY : St David 30th August	THURSDAY : St Patrick 31st August	FRIDAY : St George 1st September
Arrival & Welcome 10am to 10.30am 		Welcome Coffee Table Games Jigsaws Newspapers Thought for the day..... 	10am Holy Communion with Revd Keith in St Peter's Church followed by coffee in St Peter's House Everyone welcome 	Welcome Coffee Table Games Jigsaws Newspapers Thought for the day..... 	Welcome Coffee Table Games Jigsaws Newspapers Thought for the day..... 
Morning session 10.30am to 12noon 	Four and a half days, of fun and friendship for the over fifties. Pick up your booking form from the back of church.	Flower Arranging Jean Cooper will talk you through making flower displays for the week 	11.15am Tour of St Peter's Church with Revd Keith choir stalls, Baptistry and War Memorial mosaics 	Uku-Hale-e Group This local lively ukulele band will play a variety of memorable tunes just for you. 	A Pilgrim's Tale Reflections, photos and stories from our parishioners who visited the Holy Land this Lent. 
Lunchtime 12.30pm to 1.30pm 	2pm till 4pm Join our Young@Heart Fellowship group to listen to Graham Brady MP talk about his life in Politics. Tea & cakes will be served.	Scottish Themed Lunch 	Welsh Themed Lunch 	Irish Themed Lunch 	12.30pm Visit from The Mayor of Trafford Councillor Jonathan Coupe English Themed Gala Lunch 1pm-2.30pm Sweet & savoury home made treats just for you
Afternoon session 1.30pm to 2.30pm 		Art Time With local artist Stephen Campbell using new and different ways of painting 	Art Time With local artist Stephen Campbell using new and different ways of painting 	Armchair Aerobics: Healthy Hips and Hearts Get moving with Michelle and Sue from Home Instead Senior Care Living. 	 
	Please note this programme is subject to change depending on people's availability. Last Updated: 19/07/2017	Tea Time 2.30pm-3pm Closing remarks and prayer with Revd Caroline Holmes	Tea Time 2.30pm-3pm Closing remarks and prayer with Revd Caroline Holmes	Tea Time 2.30pm-3pm Closing remarks and prayer with Revd Caroline Holmes	Closing Session Sing along with 'Hullabaloo' Male singing group 